



0 12352 08985 5

CK Side - Sautéed Spinach
with Garlic

Nutrition Facts	
1 serving per container	1 cup (302g)
Serving size	
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 610mg	27%
Total Carbohydrate 12g	4%
Dietary Fiber 7g	25%
Total Sugars 1g	
Includes 0g Added Sugars	
Protein 9g	0%
Vitamin D 0mcg	0%
Calcium 300mg	25%
Iron 8.3mg	45%
Potassium 1700mg	35%

*This % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,600 calories a day is used for general nutrition advice.

INGREDIENTS: SPINACH, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER

DISTRIBUTED BY CANTEEN
2400 YORKMONT RD.
CHARLOTTE, NC, 28217



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