



0 12352 08987 9

CK Side - Roasted Broccoli

Nutrition Facts

1 serving per container
Serving size **5oz (230g)**
Amount Per Serving
Calories **120**

Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	420mg	18%
Total Carbohydrate	12g	4%
Dietary Fiber	5g	18%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	110mg	8%
Iron	2.1mg	10%
Potassium	750mg	15%

*% Daily Value (DV) shows how much a nutrient in a serving of this product contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.

INGREDIENTS: BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES
DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



0 12352 08987 9

CK Side - Roasted Broccoli

Nutrition Facts

1 serving per container
Serving size **5oz (230g)**
Amount Per Serving
Calories **120**

Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	420mg	18%
Total Carbohydrate	12g	4%
Dietary Fiber	5g	18%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	110mg	8%
Iron	2.1mg	10%
Potassium	750mg	15%

*% Daily Value (DV) shows how much a nutrient in a serving of this product contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.

INGREDIENTS: BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES
DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



0 12352 08987 9

CK Side - Roasted Broccoli

Nutrition Facts

1 serving per container
Serving size **5oz (230g)**
Amount Per Serving
Calories **120**

Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	420mg	18%
Total Carbohydrate	12g	4%
Dietary Fiber	5g	18%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	110mg	8%
Iron	2.1mg	10%
Potassium	750mg	15%

*% Daily Value (DV) shows how much a nutrient in a serving of this product contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.

INGREDIENTS: BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES
DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



0 12352 08987 9

CK Side - Roasted Broccoli

Nutrition Facts

1 serving per container
Serving size **5oz (230g)**
Amount Per Serving
Calories **120**

Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	420mg	18%
Total Carbohydrate	12g	4%
Dietary Fiber	5g	18%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	110mg	8%
Iron	2.1mg	10%
Potassium	750mg	15%

*% Daily Value (DV) shows how much a nutrient in a serving of this product contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.

INGREDIENTS: BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES
DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



0 12352 08987 9

CK Side - Roasted Broccoli

Nutrition Facts

1 serving per container
Serving size **5oz (230g)**
Amount Per Serving
Calories **120**

Total Fat	7g	9%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	420mg	18%
Total Carbohydrate	12g	4%
Dietary Fiber	5g	18%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	110mg	8%
Iron	2.1mg	10%
Potassium	750mg	15%

*% Daily Value (DV) shows how much a nutrient in a serving of this product contributes to a daily diet. 2,000 calorie a day is used for general nutrition advice.

INGREDIENTS: BROCCOLI, OLIVE OIL, GARLIC, KOSHER SALT, BLACK PEPPER, RED PEPPER FLAKES
DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217

