



CK Dal Masala and Naan

Nutrition Facts	
1 serving per container	
Serving size 16oz + 1/2 Naan (605g)	
Amount Per Serving	% Daily Value*
Calories 620	
Total Fat 15g	19%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 1030mg	45%
Total Carbohydrate 108g	39%
Dietary Fiber 20g	71%
Total Sugars 14g	
Includes 3g Added Sugars	6%
Protein 28g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 5.1mg	30%
Potassium 630mg	15%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: WATER, TOMATOES, NAAN (ENRICHED WHEAT FLOUR (WHEAT FLOUR, ASCORBIC ACID AS DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYMES, FOLIC ACID), BUTTERMILK (SKIM MILK, DRY BUTTERMILK, BACTERIAL CULTURE), WATER, SOYBEAN OIL, CULTURED WHEAT FLOUR, EGGS, SUGAR, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), SEA SALT, DEXTROSE, GHEE (CLARIFIED BUTTER), DEXTRIN, WHEAT GLUTEN, VEGETABLE FIBER, YEAST), ONION, SPLIT PEAS, GARLIC, BUTTER (CREAM, SALT), CULANTRO, CARDAMOM, GARAM MASALA (SPICES (INCLUDING CUMIN, CORIANDER, CINNAMON), CARDAMOM), TURMERIC, CANOLA OIL, CINNAMON, TURMERIC, STAR ANISE, CLOVES, BAY LEAF, CORIANDER, HOT CHILE PEPPERS, GROUND GINGER

CONTAINS: MILK, EGG, WHEAT, SOY
DISTRIBUTED BY CANTEEN
2400 YORKMONT RD
CHARLOTTE, NC, 28217



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